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The effects of mental workload and duration of automated driving on driver behaviour

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**Automated driving =
Level 3 & 4 (SAE, 2014)**

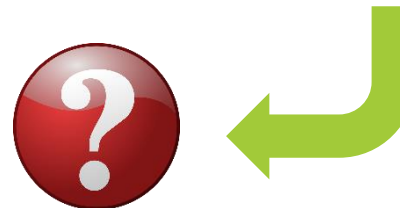


- Lateral control
- Longitudinal control
- Monitoring of driving environment
- + Drowsiness
- Situation awareness
- + Engagement in non-driving tasks



Impact on driver behaviour

However, drivers need to be available to take-over control of the vehicle



MENTAL WORKLOAD

- **Automation results in an uneven distribution of mental workload**
- **Malleable Attentional Resources Theory** (Young & Stanton, 2002) : we adapt our attentional resources as a function of the task demands

Automated driving



Automated driving + non-driving task



Low



High

Mental Workload

Automated driving + critical event



→ **How drivers react to a critical event depending on the level of mental workload?**

DURATION OF AUTOMATED DRIVING

- **Difference between short vs long exposure to the system (learning vs integration phase)**
- **Most studies analysed driver behaviour after short period of automated driving (10-15 min)**
- **→ Negative effect after longer vs shorter automated time period (Feldhütter et al., 2016)**

→ How drivers react to a critical event depending on the duration of automated driving?

- **To analyse the effect of :**
 - 1. Different levels of mental workload (low vs high) related to a non-driving task**
 - 2. Duration of automated driving (10 vs 30 min)**
- on driver performance during a take-over request**

- **Participants**
55 drivers (M = 35 years)
- **Apparatus**
VEDECOM driving simulator
- **Experimental design**



IV-1: Type of drive (x3)

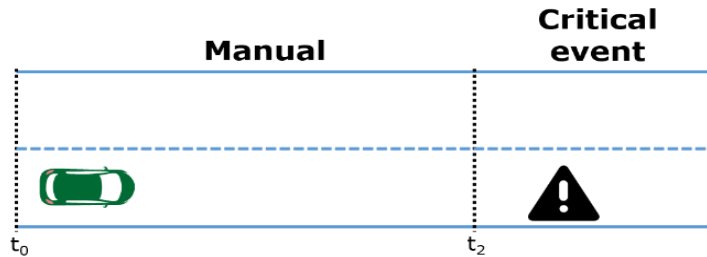
- **Manual Driving (MD)**
- **Automated Driving** + non-driving task & **Low** mental workload (**AD-L**)
- **Automated Driving** + non-driving task & **High** mental workload (**AD-H**)

IV-2: Duration (x2)

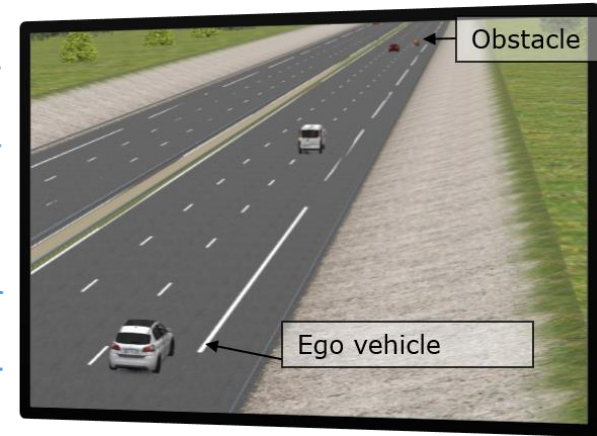
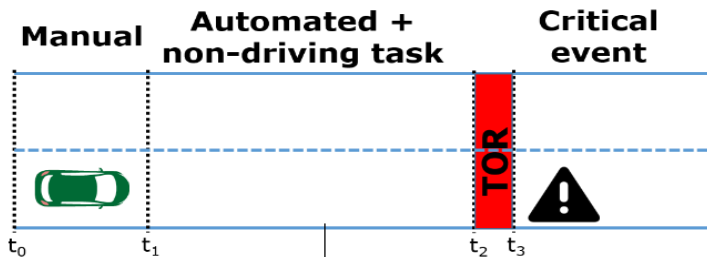
- 10 minutes
- 30 minutes

• Scenarios

- Manual Driving (MD)



- Automated Driving



Low mental workload (AD-L)

A

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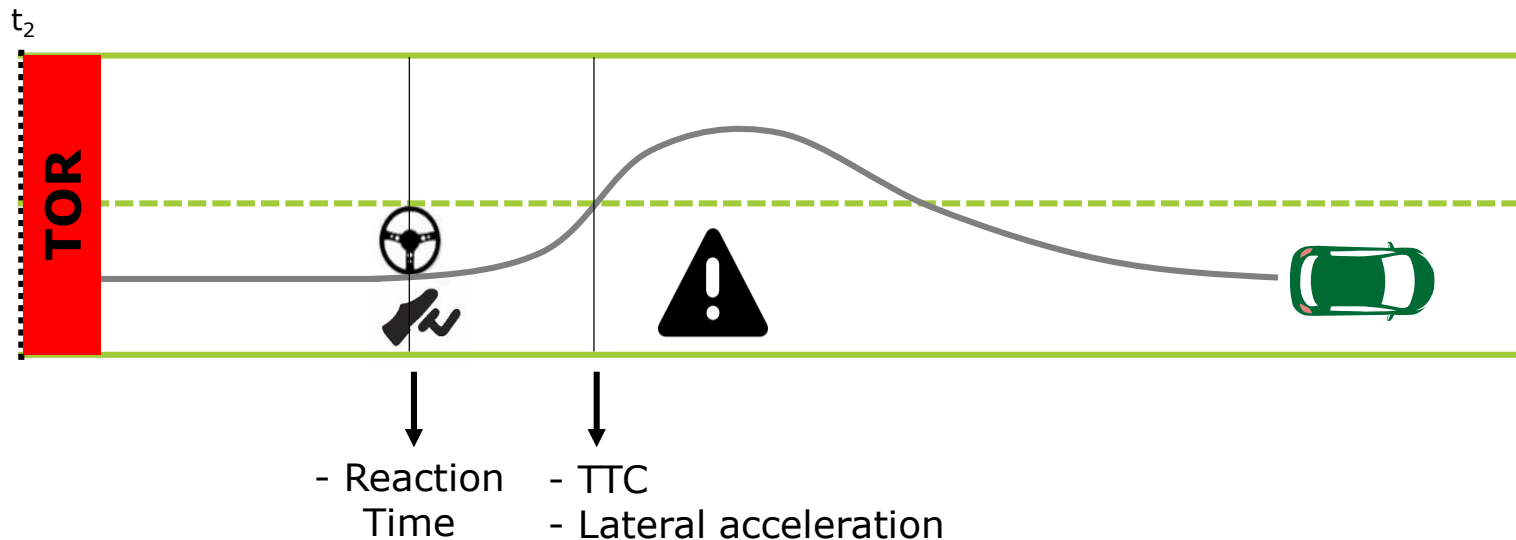
High mental workload (AD-H)

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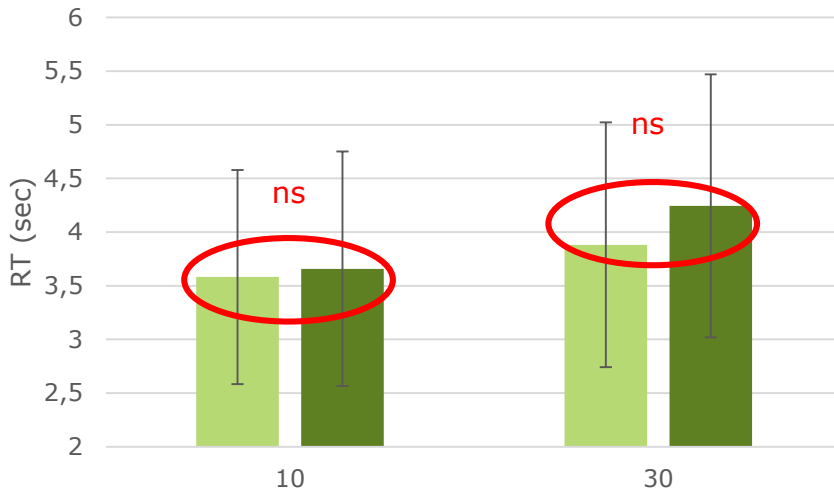
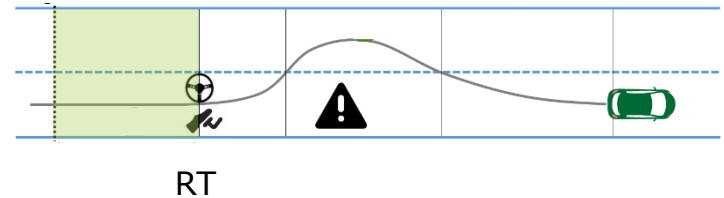
I T M S U G
P C T R K E

Driver performance:

- Take-over reaction time
- Time-to-collision (TTC)
- Lateral acceleration



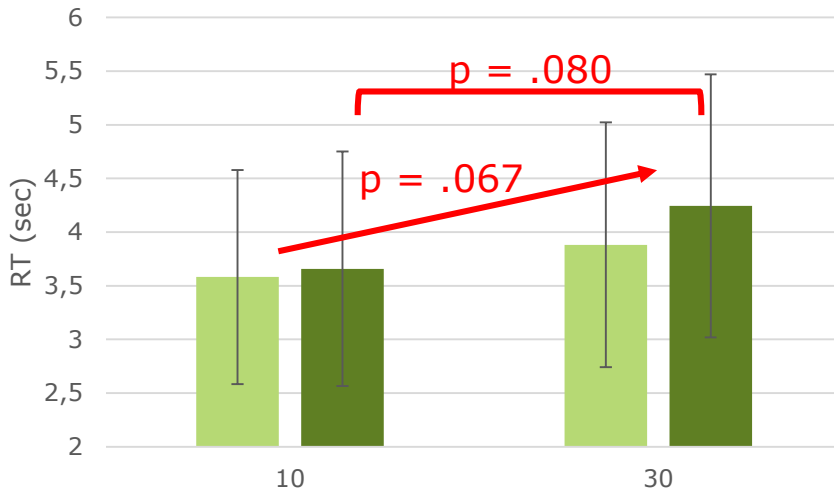
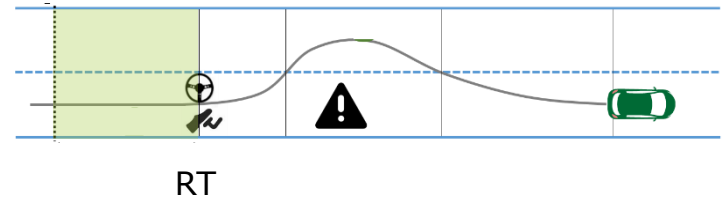
- **Take-over reaction time**



- No significant effect of the level of mental workload

Bueno, M. et al. (2016). *IEEE 19th ITSC*

- **Take-over reaction time**

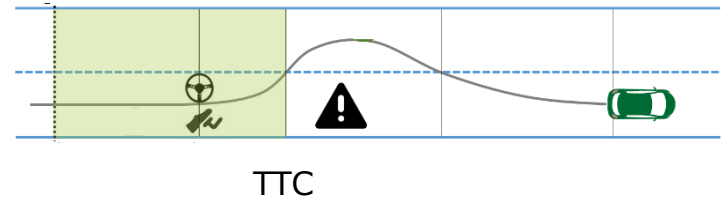
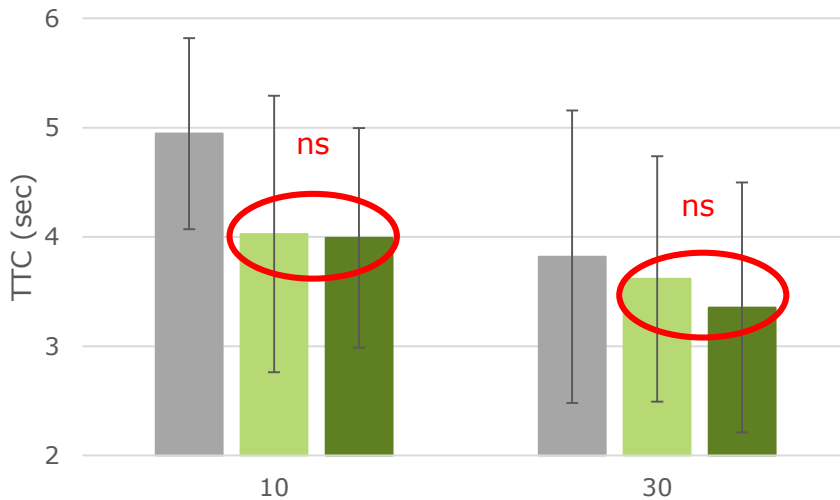


- No significant effect of the level of mental workload

- Tendency for drivers to react slower following a 30 min driving, especially when they were engaged in a more cognitive demanding activity (+ 440 ms)

Bueno, M. et al. (2016). *IEEE 19th ITSC*

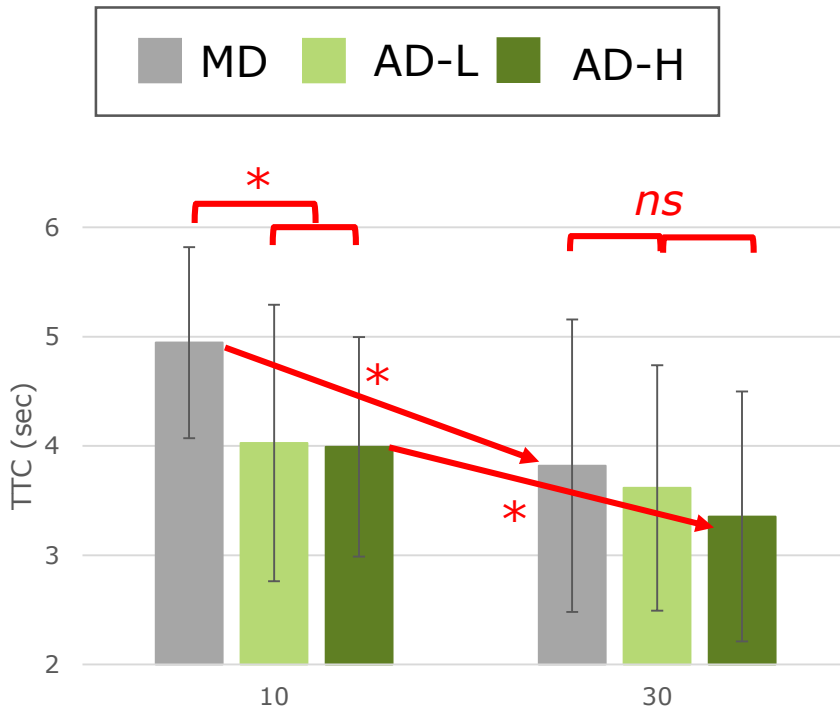
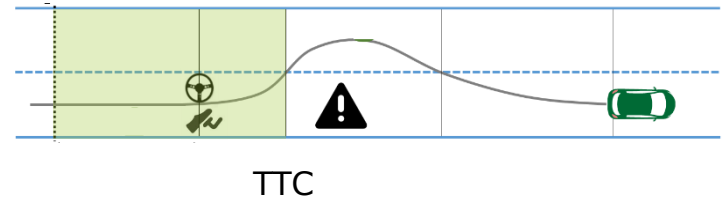
- Time-to-collision (TTC)



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Bueno, M. et al. (2016). *IEEE 19th ITSC*

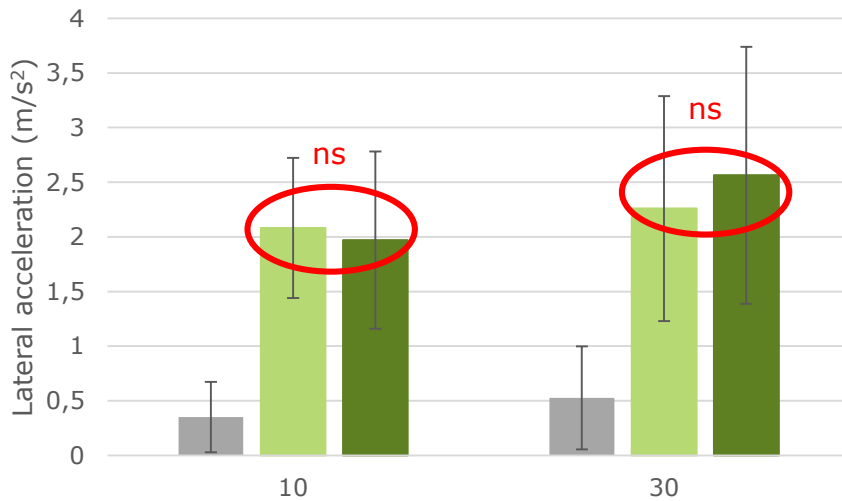
- Time-to-collision (TTC)



- No significant effect of the level of mental workload
- The advantage of MD compared to AD disappeared after a longer duration of driving
- Negative effect of longer driving in MD and AD-H conditions but not in AD-L condition.

Bueno, M. et al. (2016). *IEEE 19th ITSC*

- Lateral acceleration**



Lateral acceleration

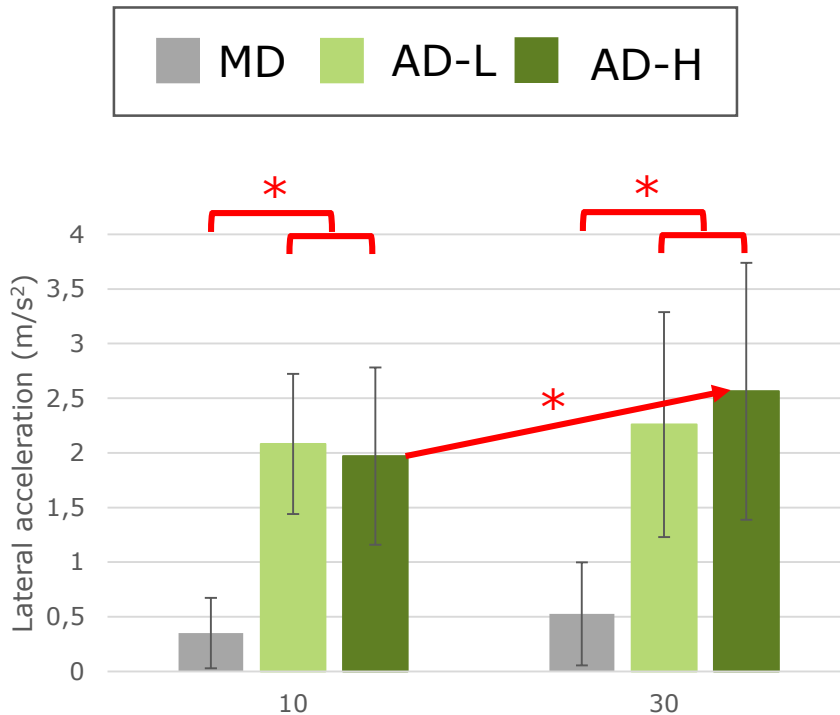
- No significant effect of the level of mental workload

Bueno, M. et al. (2016). *IEEE 19th ITSC*

• Lateral acceleration



Lateral acceleration



- No significant effect of the level of mental workload
- Drivers performed more abrupt lateral manoeuvres in the AD condition than in the MD condition (5 times higher)
- Negative effect of longer driving in AD-H condition

Bueno, M. et al. (2016). *IEEE 19th ITSC*

- **Subjective measures:**

- Drivers indicated more drowsiness after MD compared to AD
- Drivers evaluated MD as more discouraging, irritating and annoying than AD

- **Impact of mental workload (low vs high)**
 - No effect of the level of mental workload
 - Other studies showed no differences between 2 different activities (Dogan et al., 2016; Radlmayr et al., 2014)
- **Impact of automation (manual vs automated)**
 - Preference for AD but a negative effect on driver behaviour
 - Engagement in non-driving tasks could reduce situation awareness but also could reduce fatigue and increase alertness (Neubauer et al., 2012)
- **Impact of duration of AD (10 vs 30)**
 - Negative effect of longer driving (Feldhütter et al., 2016)
 - Particularly after engaging in a more demanding task
 - The advantage of MD can disappear
 - Protective effect of low demanding tasks against fatigue?

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